

DISCOVER SE3 HD CONSOLE

IMMERSIVE CARDIO EXPERIENCES

Built on insights provided by facilities and exercisers about what makes a consistently captivating experience. Intuitive interaction, appealing layouts and a host of other digital advances create engagement for any exerciser. Available on both Elevation Series and Integrity Series cardio equipment.



LIFE FITNESS ON DEMAND+

Elevate the cardio experience. This free software provides access to more than 500 exciting exerciser experiences.



ENGAGING ENTERTAINMENT

Featuring streaming video and audio like Netflix™ and Pandora® Radio, for exercisers who like to take their mind off of their workouts.



CONNECTION TO CARDIO

Connection is a necessity in the digital age. Exercisers can easily connect an Apple Watch®, Samsung Galaxy Watch®, headphones, heart rate monitors and other Bluetooth® enabled devices.

LifeFitness

DISCOVER SE3 HD CONSOLE

LifeFitness
ON DEMAND+

ELEVATING THE CARDIO EXPERIENCE ON CONNECTED DISCOVER SE3 HD CONSOLES

Life Fitness™ On Demand+ provides engaging cardio content that keeps exercisers coming back. It offers more than 500 complimentary on-demand fitness experiences.



FREE ACCESS TO MORE THAN 500 EXCITING FITNESS EXPERIENCES



On-Demand Workouts

More than 400 instructor-led workouts are available on treadmills, ellipticals, bikes, PowerMills and Arc Trainers. Classes vary in difficulty levels and are led by the best instructors around the globe to get your exercisers results. Available in English, Spanish, German, French, Japanese, and Russian.



Interactive Terrains

More than 100 runs and rides through stunning scenery around the world. Incline and resistance adjust to the terrain for an immersive experience that allows exercisers to work out at higher intensities and lose track of time.

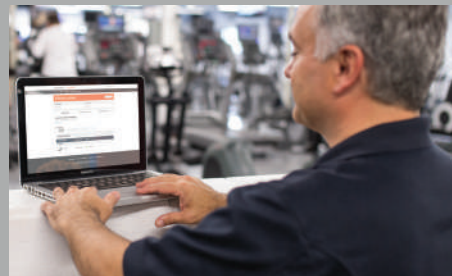
DISCOVER SE3 HD CONSOLE

CONSOLE FEATURES	
Touch Screen	SE3 HD Treadmill: 21.5" (53 cm) 1080p touch screen SE3 HD Non-Treads: 16" (41 cm) 1080p touch screen
Connectivity	Internet (wired or wireless), proximity login via Bluetooth®, NFC, or RFID
Entertainment	Video streaming apps, Lifescape and RunSocial (treadmills), RideSocial (non-treads), interactive courses, TV, integration with popular fitness apps
Streaming Entertainment Apps ¹	Netflix™, YouTube™, The Economist™, ESPN®, Newsy®, Flipboard®, Pandora®, Internet Browser
Wearable Compatibility	Apple Watch®, Samsung Galaxy Watch®
Discover SE3 HD Compatibility ²	NTSC/ATSC/QAMb PAL/SECAM/DVB-T2/DVB-C/DVB-S2 NTSC/ISDB-T with BCAS, IPTV2, Pro:Idiom
TECHNOLOGY FEATURES	
Mobile Device Charging	Standard
Bluetooth Device Compatibility	Standard
NFC Device Compatibility	Standard
22 Languages	English, English UK, Spanish, Portuguese, Italian, French, German, Dutch, Turkish, Simplified Chinese, Japanese, Korean, Russian, Arabic, Polish, Catalan, Finnish, Hungarian, Basque, Traditional Chinese, Welsh, Hebrew
Number of Workouts	12-25 Goal Based: Time, Distance, Climb, Interval, Aerobics, Watts, METs, Starter Interval, Reverse, 2 Speed Interval, 3 Speed Interval (4 terrains per). Heart Rate Based: Moderate, Vigorous, Fixed Time, Variable Time. Fitness Tests: LF Fitness Test, U.S. Navy PRT, U.S. Army, U.S. Marines, U.S. Air Force, WFI Submax Protocol, Physical Efficiency Battery, FAMS, CPAT
Custom Workouts ¹	Up to 8
User Profiles	Limitless
Home Screen Customization	Standard, three starting screen options for customization

LifeFitness.com

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GET THE MOST OUT OF YOUR CONSOLES WITH HALO FACILITY



Halo Facility

A suite of services that creates a memorable brand experience, makes it easier to manage your facility, and saves you money.



Detailed Usage Data

Gain insights into when and where people are working out. Use that information to create an ideal product mix and to help guide staffing decisions.



Customized Home Screen

Customize home screen messaging to promote events and classes, communicate through trainers, open new revenue streams, and build your brand.



Performance Run

Performance Run view on treadmills makes it easy for exercisers to benefit from interval workouts. Speed and incline changes happen with just one touch on the screen. This feature is customizable through Halo Facility.